**Personal Values**

o Challenge o Honesty/Integrity o Truth

o Trust o Open-mindedness o Courage

o Independence o Competence o Autonomy

o Curiosity o Family o Risk Taking

o Communication o Flexibility o Freedom

o Honor o Growth o Humor

o Patience o Respect o Service

o Wisdom o Variety o Teamwork

o Simplicity o Security o Quality

o Productivity o Love/Affection o Intelligence

o Innovation o Hope o Happiness

o Friendship o Effectiveness o Dependability

o Creativity o Beauty o Achievement/Success

o Strength o Faith/Spirituality o Recognition

o Prosperity/Wealth o Power o Loyalty

o Health o Harmony o Equality

o Empathy o Diversity o Discipline

o Competition o Duty o Decisiveness

**First Filter:** **Second Filter:**

These are my values: These are my values to which I am 100% committed and will not betray.

1. 1.

2. 2.

3. 3.

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Value 1: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ is most important to me because \_\_\_\_\_\_\_\_\_

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Value 2: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ is most important to me because \_\_\_\_\_\_\_\_\_

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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Value 3: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ is most important to me because \_\_\_\_\_\_\_\_\_

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Compare your personal values with The Army/Air Force Values.

Loyalty Integrity First

Duty Service Before Self

Respect Excellence in All We Do

Selfless Service

Honor

Integrity

Personal Courage